



12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

Detailed evaluation

Christoph Naake

Total time: 3:09:15

Club: SV Glückauf Sondershausen e.V. Abt. Radsport
Number: 23

Speed: 11.60 km/h

Running performance: 5:10 min/km

Course: 36.60 km

Rank in course/Total: 21 (of 26)

2 Runden

Rank in course/Men: 21 (of 25)

Best time in course: 2:09:02

Category:

Rank in category: 8(of 10)

C - Herren Masters

Best time in the category: 2:28:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	18.30	1:32:30	5:03	9	27:04	23	29:18	18.30	1:32:30	5:03	9	27:04	23	29:18
Pumptrack	18.30	1:36:45	5:17	10	1:36:45	23	1:36:45	36.60	3:09:15	5:10	8	41:15	21	1:00:13