



12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

Detailed evaluation

Marco Berls

Club: Team Traktor Thüringen

Number: 15

Course: 36.60 km

2 Runden

Category:

C - Herren Masters 2-4

Total time: 3:01:39

Speed: 11.89 km/h

Running performance: 4:57 min/km

Rank in course/Total: 17 (of 26)

Rank in course/Men: 17 (of 25)

Best time in course: 2:09:02

Rank in category: 9(of 12)

Best time in the category: 2:10:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	18.30	1:29:11	4:52	10	24:28	20	25:59	18.30	1:29:11	4:52	10	24:28	20	25:59
Pumptrack	18.30	1:32:28	5:03	8	26:55	19	1:32:28	36.60	3:01:39	4:57	9	51:08	17	52:37