



# 12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

## Detailed evaluation

**Sandro Thomas**

Club: Unstrut Riders

Number: 48

Course: 36.60 km

2 Runden

Category:

C - Herren Masters 2-4

Total time: 3:45:33

Speed: 9.74 km/h

Running performance: 6:09 min/km

Rank in course/Total: 24 (of 26)

Rank in course/Men: 23 (of 25)

Best time in course: 2:09:02

Rank in category: 12(of 12)

Best time in the category: 2:10:31

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	18.30	1:41:11	5:31	12	36:28	25	37:59	18.30	1:41:11	5:31	12	36:28	25	37:59
Pumptrack	18.30	2:04:22	6:47	12	58:49	25	2:04:22	36.60	3:45:33	6:09	12	1:35:02	23	1:36:31