



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Rene Syrbe

Club: LTV Erfurt
Number: 157

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 3

Total time: 40:18

Speed: 35.73 km/h
Running performance: 1:37 min/km

Rank in course/Total: 67 (of 142)

Rank in course/Men: 64 (of 126)

Best time in course: 32:21

Rank in category: 9(of 21)

Best time in the category: 35:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	25:15	2:02	10	4:14	70	5:51	12.41	25:15	2:02	22	4:14	127	5:51
Finish	12.41	15:03	1:12	7	1:11	44	2:14	24.81	40:18	1:37	9	5:08	64	7:57