



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Oliver Hamsch-Friske

Club: USV Erfurt
Number: 163

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 3

Total time: 40:19

Speed: 35.72 km/h
Running performance: 1:37 min/km

Rank in course/Total: 68 (of 142)

Rank in course/Men: 65 (of 126)

Best time in course: 32:21

Rank in category: 10(of 21)

Best time in the category: 35:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	24:16	1:57	7	3:15	57	4:52	12.41	24:16	1:57	22	3:15	127	4:52
Finish	12.41	16:04	1:17	14	2:12	81	3:15	24.81	40:19	1:37	10	5:09	65	7:58