



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Oliver Hamsch-Friske

Club: USV Erfurt
 Number: 163

Course: 24.81 km
 Erwachsene

Category:
 Jedermann Senioren 3

Total time: 40:19

Speed: 35.72 km/h
 Running performance: 1:37 min/km

Rank in course/Total: 68 (of 142)

Rank in course/Men: 65 (of 126)

Best time in course: 32:21

Rank in category: 10(of 21)

Best time in the category: 35:10

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Wendestelle | 12.41 | 24:16 | 1:57 | 7 | 3:15 | 57 | 4:52 | 12.41 | 24:16 | 1:57 | 22 | 3:15 | 127 | 4:52 |
| Finish | 12.41 | 16:04 | 1:17 | 14 | 2:12 | 81 | 3:15 | 24.81 | 40:19 | 1:37 | 10 | 5:09 | 65 | 7:58 |