



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau  
Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Jan Härtel

Total time: 43:21

Number: 158

Speed: 33.22 km/h

Running performance: 1:44 min/km

Course: 24.81 km

Rank in course/Total: 101 (of 142)

Erwachsene

Rank in course/Men: 94 (of 126)

Category:

Best time in course: 32:21

Jedermann Senioren 3

Rank in category: 14(of 21)

Best time in the category: 35:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	28:04	2:15	16	7:03	104	8:40	12.41	28:04	2:15	22	7:03	127	8:40
Finish	12.41	15:18	1:13	9	1:26	54	2:29	24.81	43:21	1:44	14	8:11	94	11:00