



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Thomas Liebetrau

Club: RFV 1990 Die Löwen Weimar e.V.
Number: 168

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 3

Total time: 44:34

Speed: 32.31 km/h
Running performance: 1:47 min/km

Rank in course/Total: 111 (of 142)

Rank in course/Men: 101 (of 126)

Best time in course: 32:21

Rank in category: 16(of 21)

Best time in the category: 35:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	27:38	2:13	15	6:37	100	8:14	12.41	27:38	2:13	22	6:37	127	8:14
Finish	12.41	16:56	1:21	18	3:04	103	4:07	24.81	44:34	1:47	16	9:24	101	12:13