



# Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

## Detailed evaluation

**Heiko Herzer**

Club: Team Zweirad-Böttner  
Number: 167

Course: 24.81 km  
Erwachsene

Category:  
Jedermann Senioren 3

Total time: 46:26

Speed: 31.01 km/h  
Running performance: 1:52 min/km

Rank in course/Total: 124 (of 142)

Rank in course/Men: 110 (of 126)

Best time in course: 32:21

Rank in category: 18(of 21)

Best time in the category: 35:10

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	29:28	2:22	18	8:27	113	10:04	12.41	29:28	2:22	22	8:27	127	10:04
Finish	12.41	16:58	1:22	19	3:06	105	4:09	24.81	46:26	1:52	18	11:16	110	14:05