



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Jan Hebenstreit

Number: 136

Course: 24.81 km
Erwachsene

Category:
Jedermann Herren

Total time: 35:10

Speed: 40.95 km/h

Running performance: 1:25 min/km

Rank in course/Total: 10 (of 142)

Rank in course/Men: 9 (of 126)

Best time in course: 32:21

Rank in category: 3(of 17)

Best time in the category: 34:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	21:22	1:43	3	0:29	12	1:58	12.41	21:22	1:43	18	0:29	127	1:58
Finish	12.41	13:48	1:06	4	0:14	10	0:59	24.81	35:10	1:25	3	0:41	9	2:49