



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Rolf Gutsell

Club: LTV Erfurt
Number: 273

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 4

Total time: 42:01

Speed: 34.27 km/h
Running performance: 1:41 min/km

Rank in course/Total: 83 (of 142)

Rank in course/Men: 80 (of 126)

Best time in course: 32:21

Rank in category: 4(of 17)

Best time in the category: 38:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	25:46	2:04	3	2:43	78	6:22	12.41	25:46	2:04	18	2:43	127	6:22
Finish	12.41	16:16	1:18	7	1:19	89	3:27	24.81	42:01	1:41	4	4:01	80	9:40