



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Dieter Seegy

Club: LTV Erfurt
Number: 279

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 4

Total time: 42:43

Speed: 33.71 km/h
Running performance: 1:43 min/km

Rank in course/Total: 93 (of 142)

Rank in course/Men: 88 (of 126)

Best time in course: 32:21

Rank in category: 9(of 17)

Best time in the category: 38:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	26:28	2:07	10	3:25	90	7:04	12.41	26:28	2:07	18	3:25	127	7:04
Finish	12.41	16:16	1:18	7	1:19	89	3:27	24.81	42:43	1:43	9	4:43	88	10:22