



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Rainer Eberlein

Club: Impuls Erfurt
 Number: 280

Course: 24.81 km
 Erwachsene

Category:
 Jedermann Senioren 4

Total time: 44:41

Speed: 32.23 km/h
 Running performance: 1:48 min/km

Rank in course/Total: 113 (of 142)

Rank in course/Men: 102 (of 126)

Best time in course: 32:21

Rank in category: 12(of 17)

Best time in the category: 38:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	12.41	26:56	2:10	13	3:53	95	7:32	12.41	26:56	2:10	18	3:53	127	7:32
Finish	12.41	17:46	1:25	14	2:49	114	4:57	24.81	44:41	1:48	12	6:41	102	12:20