



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau  
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Simone Köhler

Club: Team Celinger GF e.V.  
 Number: 120

Course: 24.81 km  
 Erwachsene

Category:  
 Jedermann Seniorinnen

Total time: 42:20

Speed: 34.02 km/h  
 Running performance: 1:42 min/km

Rank in course/Total: 89 (of 142)

Rank in course/Women: 5 (of 16)

Best time in course: 34:03

Rank in category: 1(of 7)

Best time in the category: 42:20

Intermediate times

Stage score

Total ranking

| Control     | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|-------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|             |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Wendestelle | 12.41    | 26:17      | 2:07         | 1           | -           | 5         | 5:38         | 12.41         | 26:17      | 2:07         | 1        | -           | 17        | 5:38         |
| Finish      | 12.41    | 16:04      | 1:17         | 2           | 0:05        | 5         | 2:40         | 24.81         | 42:20      | 1:42         | 1        | -           | 5         | 8:17         |