



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau  
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

**Simone Köhler**

Club: Team Celinger GF e.V.  
 Number: 120

Course: 24.81 km  
 Erwachsene

Category:  
 Jedermann Seniorinnen

Total time: 42:20

Speed: 34.02 km/h  
 Running performance: 1:42 min/km

Rank in course/Total: 89 (of 142)

Rank in course/Women: 5 (of 16)

Best time in course: 34:03

Rank in category: 1(of 7)

Best time in the category: 42:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	12.41	26:17	2:07	1	-	5	5:38	12.41	26:17	2:07	1	-	17	5:38
Finish	12.41	16:04	1:17	2	0:05	5	2:40	24.81	42:20	1:42	1	-	5	8:17