



# Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

## Detailed evaluation

**Aaron Göhring**

Club: RSV Sonneberg

Number: 35

Course: 8.83 km

Nachwuchs

Category:

U13 männlich

Total time: 16:03

Speed: 29.91 km/h

Running performance: 1:49 min/km

Rank in course/Total: 25 (of 57)

Rank in course/Men: 16 (of 37)

Best time in course: 12:29

Rank in category: 5(of 20)

Best time in the category: 15:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Wendestelle	4.42	9:20	2:06	7	0:35	18	2:13	4.42	9:20	2:06	20	0:35	37	2:13	
Finish	4.42	6:44	1:31	3	0:09	15	1:22	8.83	16:03	1:49	5	0:43	16	3:34	