



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Paolo ZENTGRAF

Club: Blau weiß Meiningen
Number: 15

Course: 8.83 km
Nachwuchs

Category:
U15 männlich

Total time: 16:49

Speed: 31.50 km/h
Running performance: 1:54 min/km

Rank in course/Total: 42 (of 57)

Rank in course/Men: 27 (of 37)

Best time in course: 12:29

Rank in category: 9(of 11)

Best time in the category: 13:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	4.42	9:48	2:13	9	1:59	29	2:41	4.42	9:48	2:13	12	1:59	37	2:41
Finish	4.42	7:02	1:35	9	1:07	27	1:40	8.83	16:49	1:54	9	3:06	27	4:20