



# Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

## Detailed evaluation

**Helene Heitzmann**

Club: RSC Turbine Erfurt  
Number: 63

Course: 8.83 km  
Nachwuchs

Category:  
U17 weiblich

Total time: 13:56

Speed: 34.45 km/h  
Running performance: 1:34 min/km

Rank in course/Total: 6 (of 57)

Rank in course/Women: 1 (of 20)

Best time in course: 13:56

Rank in category: 1(of 7)

Best time in the category: 13:56

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	4.42	8:07	1:50	1	-	1	-	4.42	8:07	1:50	1	-	1	-
Finish	4.42	5:49	1:18	1	-	1	-	8.83	13:56	1:34	1	-	1	-