



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Sophie Hennig

Total time: 15:13

Number: 65

Speed: 31.54 km/h

Running performance: 1:43 min/km

Course: 8.83 km

Rank in course/Total: 12 (of 57)

Nachwuchs

Rank in course/Women: 4 (of 20)

Best time in course: 13:56

Category:

Rank in category: 3(of 7)

U17 weiblich

Best time in the category: 13:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	4.42	9:00	2:02	4	0:53	6	0:53	4.42	9:00	2:02	8	0:53	21	0:53
Finish	4.42	6:14	1:24	3	0:25	4	0:25	8.83	15:13	1:43	3	1:17	4	1:17