



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Oliver Koch

Club: Team Gute Laune Sport
Number: 211

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 1

Total time: 34:08

Speed: 42.19 km/h
Running performance: 1:22 min/km

Rank in course/Total: 6 (of 142)

Rank in course/Men: 5 (of 126)

Best time in course: 32:21

Rank in category: 3(of 31)

Best time in the category: 32:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	20:33	1:39	2	0:54	4	1:09	12.41	20:33	1:39	32	0:54	127	1:09
Finish	12.41	13:36	1:05	3	0:36	6	0:47	24.81	34:08	1:22	3	1:30	5	1:47