



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Heidi Harting

Total time: 39:49

Number: 101

Speed: 36.17 km/h

Running performance: 1:36 min/km

Course: 24.81 km

Rank in course/Total: 60 (of 142)

Erwachsene

Rank in course/Women: 3 (of 16)

Category:

Best time in course: 34:03

Jedermann Frauen

Rank in category: 3(of 9)

Best time in the category: 34:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	12.41	24:14	1:57	3	3:35	3	3:35	12.41	24:14	1:57	10	3:35	17	3:35
Finish	12.41	15:36	1:15	3	2:12	3	2:12	24.81	39:49	1:36	3	5:46	3	5:46