



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Thilo Köhler

Club: R.I.T.Z.E.L.R.O.C.K.E.T.S

Number: 182

Course: 24.81 km

Erwachsene

Category:

Jedermann Senioren 1

Total time: 35:04

Speed: 41.06 km/h

Running performance: 1:24 min/km

Rank in course/Total: 9 (of 142)

Rank in course/Men: 8 (of 126)

Best time in course: 32:21

Rank in category: 4(of 31)

Best time in the category: 32:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	21:19	1:43	4	1:40	10	1:55	12.41	21:19	1:43	32	1:40	127	1:55
Finish	12.41	13:46	1:06	4	0:46	9	0:57	24.81	35:04	1:24	4	2:26	8	2:43