



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Matthias Ofiara

Club: Team geschenke-online.de
Number: 204

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 1

Total time: 36:59

Speed: 38.94 km/h
Running performance: 1:29 min/km

Rank in course/Total: 26 (of 142)

Rank in course/Men: 24 (of 126)

Best time in course: 32:21

Rank in category: 10(of 31)

Best time in the category: 32:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	23:11	1:52	10	3:32	34	3:47	12.41	23:11	1:52	32	3:32	127	3:47
Finish	12.41	13:48	1:06	5	0:48	10	0:59	24.81	36:59	1:29	10	4:21	24	4:38