



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau  
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Jennifer Frick

Total time: 43:47

Number: 106

Speed: 32.89 km/h

Running performance: 1:45 min/km

Course: 24.81 km

Rank in course/Total: 104 (of 142)

Erwachsene

Rank in course/Women: 8 (of 16)

Category:

Best time in course: 34:03

Jedermann Frauen

Rank in category: 5(of 9)

Best time in the category: 34:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wendestelle	12.41	26:35	2:08	5	5:56	7	5:56	12.41	26:35	2:08	10	5:56	17	5:56
Finish	12.41	17:12	1:23	5	3:48	10	3:48	24.81	43:47	1:45	5	9:44	8	9:44