



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Sven Grunwald

Total time: 45:12

Number: 190

Speed: 31.86 km/h

Running performance: 1:49 min/km

Course: 24.81 km

Rank in course/Total: 116 (of 142)

Erwachsene

Rank in course/Men: 104 (of 126)

Category:

Best time in course: 32:21

Jedermann Senioren 1

Rank in category: 26(of 31)

Best time in the category: 32:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	12.41	28:32	2:17	26	8:53	108	9:08	12.41	28:32	2:17	32	8:53	127	9:08
Finish	12.41	16:41	1:20	25	3:41	98	3:52	24.81	45:12	1:49	26	12:34	104	12:51