



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau  
 Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Martin Jarschel

Total time: 45:59

Number: 196

Speed: 31.32 km/h

Running performance: 1:51 min/km

Course: 24.81 km

Rank in course/Total: 121 (of 142)

Erwachsene

Rank in course/Men: 108 (of 126)

Category:

Best time in course: 32:21

Jedermann Senioren 1

Rank in category: 27(of 31)

Best time in the category: 32:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	12.41	28:42	2:18	27	9:03	110	9:18	12.41	28:42	2:18	32	9:03	127	9:18
Finish	12.41	17:17	1:23	27	4:17	108	4:28	24.81	45:59	1:51	27	13:21	108	13:38