



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau

Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Michael Viehrig

Club: TSV Germania 06 Hellingen e.V.
Number: 228

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 2

Total time: 36:45

Speed: 39.18 km/h
Running performance: 1:28 min/km

Rank in course/Total: 23 (of 142)

Rank in course/Men: 22 (of 126)

Best time in course: 32:21

Rank in category: 6(of 40)

Best time in the category: 32:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	12.41	22:22	1:48	8	2:58	25	2:58	12.41	22:22	1:48	41	2:58	127	2:58
Finish	12.41	14:23	1:09	6	1:34	23	1:34	24.81	36:45	1:28	6	4:24	22	4:24