



Jonastaler Challenge 2023 - powered by Sparkasse Arnstadt-Ilmenau
Jonastal 33 in Arnstadt / 02.07.2023

Detailed evaluation

Michael Roth

Club: WSV Oberhof 05 e.V.
Number: 225

Course: 24.81 km
Erwachsene

Category:
Jedermann Senioren 2

Total time: 39:13

Speed: 36.72 km/h
Running performance: 1:34 min/km

Rank in course/Total: 56 (of 142)

Rank in course/Men: 53 (of 126)

Best time in course: 32:21

Rank in category: 23(of 40)

Best time in the category: 32:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	12.41	24:04	1:56	25	4:40	52	4:40	12.41	24:04	1:56	41	4:40	127	4:40
Finish	12.41	15:09	1:13	17	2:20	47	2:20	24.81	39:13	1:34	22	6:52	53	6:52