



33. Kickelhahn Berglauf  
Ilmenau, Hammergrund / 24.05.2023

Detailed evaluation

Hemeling, Christoph

Club: Ilmenau  
Number: 15

Course: 5.70 km  
Kickelhahn Berglauf

Category:  
Männer (20-29 Jahre)

Total time: 28:47

Speed: 10.42 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 10 (of 85)

Rank in course/Men: 10 (of 63)

Best time in course: 24:34

Rank in category: 1(of 7)

Best time in the category: 28:47