



33. Kickelhahn Berglauf  
Ilmenau, Hammergrund / 24.05.2023

Detailed evaluation

Heym, Andreas

Club: EDEKA-Team ERFURT  
Number: 18

Course: 5.70 km  
Kickelhahn Berglauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 39:32

Speed: 7.59 km/h  
Running performance: 6:56 min/km

Rank in course/Total: 67 (of 85)

Rank in course/Men: 54 (of 63)

Best time in course: 24:34

Rank in category: 7(of 8)

Best time in the category: 31:53