



33. Kickelhahn Berglauf  
Ilmenau, Hammergrund / 24.05.2023

Detailed evaluation

**Prasser, Niels**

Club: SG Motor Arnstadt  
Number: 36

Course: 5.70 km  
Kickelhahn Berglauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 42:44

Speed: 7.02 km/h  
Running performance: 7:30 min/km

Rank in course/Total: 76 (of 85)

Rank in course/Men: 57 (of 63)

Best time in course: 24:34

Rank in category: 6(of 7)

Best time in the category: 29:19