



33. Kickelhahn Berglauf
Ilmenau, Hammergrund / 24.05.2023

Detailed evaluation

Krüger, Lars

Club: Rennsteiglaufverein
Number: 29

Course: 5.70 km
Kickelhahn Berglauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 45:05

Speed: 6.65 km/h
Running performance: 7:55 min/km

Rank in course/Total: 80 (of 85)

Rank in course/Men: 60 (of 63)

Best time in course: 24:34

Rank in category: 7(of 7)

Best time in the category: 29:19