



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Möbes, Sebastian

Club: Die Flinken Gerataler
Number: 806

Course: 11.50 km
11 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 54:27

Speed: 12.67 km/h
Running performance: 4:44 min/km

Rank in course/Total: 4 (of 37)

Rank in course/Men: 4 (of 23)

Best time in course: 44:59

Rank in category: 1(of 4)

Best time in the category: 54:27