



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 889

Course: 11.50 km
11 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 58:36

Speed: 11.26 km/h
Running performance: 5:06 min/km

Rank in course/Total: 7 (of 37)

Rank in course/Men: 6 (of 23)

Best time in course: 44:59

Rank in category: 1(of 2)

Best time in the category: 58:36