



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Gaede, Andrea

Club: LC Ron-Hill Berlin
Number: 848

Course: 11.50 km
11 km Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 59:04

Speed: 11.68 km/h
Running performance: 5:08 min/km

Rank in course/Total: 8 (of 37)

Rank in course/Women: 2 (of 14)

Best time in course: 54:29

Rank in category: 1(of 3)

Best time in the category: 59:04