



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Witting, Hannes

Club: Stiftung Wadentest
Number: 871

Course: 11.50 km
11 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:02:06

Speed: 10.63 km/h
Running performance: 5:24 min/km

Rank in course/Total: 13 (of 37)

Rank in course/Men: 9 (of 23)

Best time in course: 44:59

Rank in category: 3(of 4)

Best time in the category: 54:27