



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

**Kart, Julia**

Club: Fit mit Schmidt  
Number: 895

Course: 11.50 km  
11 km Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:04:05

Speed: 10.77 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 21 (of 37)

Rank in course/Women: 7 (of 14)

Best time in course: 54:29

Rank in category: 2(of 4)

Best time in the category: 1:00:37