



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Illing, Maria

Club: SV TU-Ilmenau
Number: 802

Course: 11.50 km
11 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:00:00

Speed: 11.00 km/h
Running performance: 5:13 min/km

Rank in course/Total: 10 (of 37)

Rank in course/Women: 3 (of 14)

Best time in course: 54:29

Rank in category: 1(of 3)

Best time in the category: 1:00:00