



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

**Assing, Janik**

Club: Ilmenau  
Number: 844

Course: 11.50 km  
11 km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:05:46

Speed: 10.49 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 23 (of 37)

Rank in course/Men: 15 (of 23)

Best time in course: 44:59

Rank in category: 2(of 2)

Best time in the category: 1:02:45