



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

**Orttmann, Manuel**

Club: Ilmenau OT Oehrenstock  
Number: 882

Course: 11.50 km  
11 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:06:48

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 27 (of 37)

Rank in course/Men: 18 (of 23)

Best time in course: 44:59

Rank in category: 5(of 5)

Best time in the category: 44:59