



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Witting, Ramona

Club: Fit mit Schmidt
Number: 535

Course: 11.50 km
11 km Nordic Walking

Category:
Frauen

Total time: 1:41:29

Speed: 6.50 km/h
Running performance: 8:49 min/km

Rank in course/Total: 11 (of 14)

Rank in course/Women: 9 (of 12)

Best time in course: 1:29:37

Rank in category: 9(of 12)

Best time in the category: 1:29:37