



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau
Number: 847

Course: 11.50 km
11 km Lauf

Category:
Senioren M80 (80-84 Jahre)

Total time: 1:23:27

Speed: 7.91 km/h
Running performance: 7:16 min/km

Rank in course/Total: 37 (of 37)

Rank in course/Men: 23 (of 23)

Best time in course: 44:59

Rank in category: 1(of 1)

Best time in the category: 1:23:27