



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

Gramsch, Luciana

Number: 539

Course: 11.50 km  
11 km Nordic Walking

Category:  
Frauen

Total time: 1:39:45

Speed: 6.62 km/h

Running performance: 8:40 min/km

Rank in course/Total: 8 (of 14)

Rank in course/Women: 7 (of 12)

Best time in course: 1:29:37

Rank in category: 7(of 12)

Best time in the category: 1:29:37