



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Krämer, Sascha

Club: Dream Team Ilmenau
Number: 914

Course: 16.60 km
16 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:31:55

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 11 (of 16)

Rank in course/Men: 9 (of 11)

Best time in course: 1:03:08

Rank in category: 2(of 3)

Best time in the category: 1:03:08