



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

**Krause, Katharina**

Club: N3 Sportverein e.V.  
Number: 915

Course: 16.60 km  
16 km Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:36:10

Speed: 9.98 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 13 (of 16)

Rank in course/Women: 4 (of 5)

Best time in course: 1:09:00

Rank in category: 1(of 1)

Best time in the category: 1:36:10