



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

Heitmann, Erik

Club: LSV Ilmenau 1971 e.V.  
Number: 210

Course: 2.40 km  
2 km Lauf

Category:  
männliche Jugend U12 (10-11 Jahre)

Total time: 12:20

Speed: 9.73 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 17 (of 66)

Rank in course/Men: 9 (of 26)

Best time in course: 10:30

Rank in category: 4(of 11)

Best time in the category: 10:34