



42. Kienberglauf  
Oehrenstock / 24.09.2023

## Detailed evaluation

**Albrecht, Sam**

Club: Ilmenau  
Number: 190

Course: 2.40 km  
2 km Lauf

Category:  
männliche Jugend U10 (8-9 Jahre)

Total time: 12:51

Speed: 9.34 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 22 (of 66)

Rank in course/Men: 12 (of 26)

Best time in course: 10:30

Rank in category: 1(of 2)

Best time in the category: 12:51