



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Illing, Björn

Club: SV TU Ilmenau
Number: 869

Course: 11.50 km
11 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 44:59

Speed: 15.34 km/h
Running performance: 3:55 min/km

Rank in course/Total: 1 (of 37)

Rank in course/Men: 1 (of 23)

Best time in course: 44:59

Rank in category: 1(of 5)

Best time in the category: 44:59