



42. Kienberglauf
Oehrenstock / 24.09.2023

Detailed evaluation

Lifka, Leonas

Club: TSV 1880 Gera-Zwötzen Triathlon
Number: 804

Course: 11.50 km
11 km Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 49:27

Speed: 13.35 km/h
Running performance: 4:18 min/km

Rank in course/Total: 3 (of 37)

Rank in course/Men: 3 (of 23)

Best time in course: 44:59

Rank in category: 1(of 2)

Best time in the category: 49:27