



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

René Carl

Club: WalschbergRunners
Number: 16

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 1:09:15

Speed: 12.13 km/h
Running performance: 4:56 min/km

Rank in course/Total: 26 (of 175)

Rank in course/Men: 23 (of 123)

Best time in course: 47:53

Rank in category: 7(of 15)

Best time in the category: 1:01:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	29:37	-	7	3:03	28	8:52	-	29:37	-	7	3:03	28	8:52
Finish	-	39:38	-	7	4:52	25	12:30	14.00	1:09:15	-	7	7:18	23	21:22