



21. Kirschlauf  
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

René Carl

Club: WalschbergRunners  
Number: 16

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44)

Total time: 1:09:15

Speed: 12.13 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 26 (of 175)

Rank in course/Men: 23 (of 123)

Best time in course: 47:53

Rank in category: 7(of 15)

Best time in the category: 1:01:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men	
Kontrolle 31	-	29:37	-	7	3:03	28	8:52	-	29:37	-	7	3:03	28	8:52
Finish	-	39:38	-	7	4:52	25	12:30	14.00	1:09:15	-	7	7:18	23	21:22