



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Jan Trinitz

Club: Fc Fahner Höhe
Number: 136

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 1:27:22

Speed: 9.61 km/h
Running performance: 6:14 min/km

Rank in course/Total: 110 (of 175)

Rank in course/Men: 87 (of 123)

Best time in course: 47:53

Rank in category: 14(of 15)

Best time in the category: 1:01:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	35:22	-	13	8:48	79	14:37	-	35:22	-	13	8:48	79	14:37
Finish	-	52:00	-	14	17:14	94	24:52	14.00	1:27:22	-	14	25:25	87	39:29