



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

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Club: TMP - Laufteam
Number: 47

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:09:30

Speed: 12.09 km/h
Running performance: 4:57 min/km

Rank in course/Total: 28 (of 175)

Rank in course/Men: 25 (of 123)

Best time in course: 47:53

Rank in category: 4(of 20)

Best time in the category: 56:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	30:37	-	7	6:44	36	9:52	-	30:37	-	7	6:44	36	9:52
Finish	-	38:53	-	4	6:44	23	11:45	14.00	1:09:30	-	4	13:28	25	21:37